

The Red Deer

Main Menu

Monday to Friday 12pm-3pm/5pm-9pm. Saturday 12pm-9pm.

Almost all our food is made in house with the finest possible ingredients, supplied by local independent and family owned businesses. All of our meat products are supplied by John Crawshaws, with beef and pork raised and butchered in the Seven Hills. Fish products are supplied by William Howe and Sons.

Fresh fruit and vegetables are supplied by All Seasons.

Snacks & Sharers

Patatas Bravas (v) Lightly fried new potatoes seasoned with smoked paprika. **2**
Served with chilli-lime mayo and sweet Cajun sauce.^{1/3/6/10}

Bowl of Chips (vv) Served with Henderson's Relish ketchup.^{9/10} **1.5/2.5**
Add gravy^{1/6/9}, garlic mayo³ or cheese.⁷ **.75**

Kumara Fries (v) Served with garlic mayo.³ **1.75/3.5**

Haggis Pakora Mushroom and jalapeño haggis encased in a gram flour and **4.5**
turmeric batter.

Choose Vegan with with Cajun sauce.^{1/6/9/10} or Meat with chilli-lime mayo^{1/6/8/9/10}

Fishcakes With smoked haddock, salmon and coley, salad and tartare sauce.^{1/3/4/7/10} **5**

Beer-battered Halloumi (v) Cypriot halloumi encased in a lightly seasoned batter. **5**
Served with chilli-lime mayo and salad.^{1/3/7}

Nachos Fried wheat tortillas topped with cheddar, guacamole, sour cream, spicy tomato **7**
salsa, jalapeños and either homemade five bean chilli (v)^{1/7/12} OR chilli con carne.^{1/7/12}

Sandwiches

Tempeh & Sun Dried Tomato Pesto (vv) With mixed salad.^{1/6} **5**

Kimchi Rarebit Korean cabbage pickled with ginger, garlic, shrimp sauce and sesame. **6**

Topped with grilled cheddar and blue cheese.^{1/2/4/5/9/11}

Cod Fish Fingers With baby gem lettuce and tartare sauce.^{1/3/4/7/10} **5.5**

Chargrilled Cumberland Sausage With caramelised onions.^{1/9} **6**

Fry's Vegan Sausages (vv) ^{1/6/9} also available, please specify vegan when ordering.

Sirloin Steak and Cheese Medium rare sirloin with grilled peppers, pickles, **7**
caramelised onions and swiss cheese.^{1/7/10}

Chicken & Bacon With lettuce, tomato & mayonnaise.^{1/3} **6**

Vegan Breakfast Bun (vv) Grilled flat mushroom, vegan sausage, beef tomato, **6**
hash brown, spinach and caramelised onions.¹

Full Breakfast Bun Fried egg, chargrilled bacon, sausage, beef tomato, black pudding 6.5 and hash brown.^{1/3/9}

Mains

Falafel Wrap (vv) Crispy falafel spiced in Cajun sauce and tzatziki. Served with salad 7.5 and chips.^{1/6/9/10/12}

Battered Tofu & Chips (vv) With vegan tartare sauce and garden peas.^{1/6/9} 8.5

Tempeh Kofta Wrap (vv) With hot sauce and tzatziki. Served with chips and salad.^{1/6/10/12} 7.5

Beer-battered Coley & Chips With tartare sauce and garden peas.^{1/3/4/10} 9

Beef Shin Goulash With peppers, smoked paprika, baby potatoes and sour cream.^{7/9/10/12} 10

Vegan Cottage Pie (vv) Puy lentils & winter vegetables in a rich mushroom and red wine 8 gravy topped with creamy mashed potato. With seasonal greens.^{9/10/12}

8oz Sirloin Steak With grilled mushroom, tomato, chips, salad and garlic butter.⁷ 14

Cumberland Sausage & Mash With caramelised onions, seasonal vegetables 9 and red wine gravy.^{1/6/9/10}

Fry's Vegan Sausages (vv) ^{1/6/9} also available, please specify vegan when ordering.

Burgers

All served with chips and salad.

Vegan Burger (vv) Butternut squash, sweet potato, cashews and ginger. Baked and then 8 fried.^{1/8/9}

Halloumi Burger (v) Beer battered halloumi with jalapeño salsa.^{1/7} 9.50

8oz Beef Burger Seven Hills beef mince spiced with rosemary and mustard.^{1/3/10} 9.50
Please allow 20 minutes for beef burgers to be freshly chargrilled.

Chicken Burger Chicken breast marinated Cajun Spices. With baby gem lettuce 9.50 and Creole mayonnaise.^{1/3/6/10}

Upgrade your chips to Kumara Fries .75

Additional Toppings .75

Cheddar (v), Vegan Cheddar (vv), Stilton (v), Bacon, Caramelised Onions (vv), Flat Mushroom (vv), Guacamole (vv), Black Pudding, Jalapeños (vv).

Desserts

Cheesecake (v) See specials board for today's variety.^{1/7} 4.50

Banana & Chocolate Brownie (vv) with fruit coulis and vegan ice cream.^{1/6/8} 4.50

All our dishes are prepared in an environment which contains traces of nuts and wheat. If you have any allergies or dietary requirements, please inform a member of our team when placing your order. We have numbered specific allergens in superscript to be used with the Allergen Key provided on the last page of this menu. Gluten free bread is available on request.

(v) = vegetarian (vv) = vegan